



Strong Spirit Strong Mind Aboriginal Programs (SSSMAP)

15 August 2019



Acknowledgement to Country

We acknowledge local Whadjuk Moort as the traditional custodians on this part of Noongar Boodja and its waters.
We wish to pay our respect to Elders past and present.

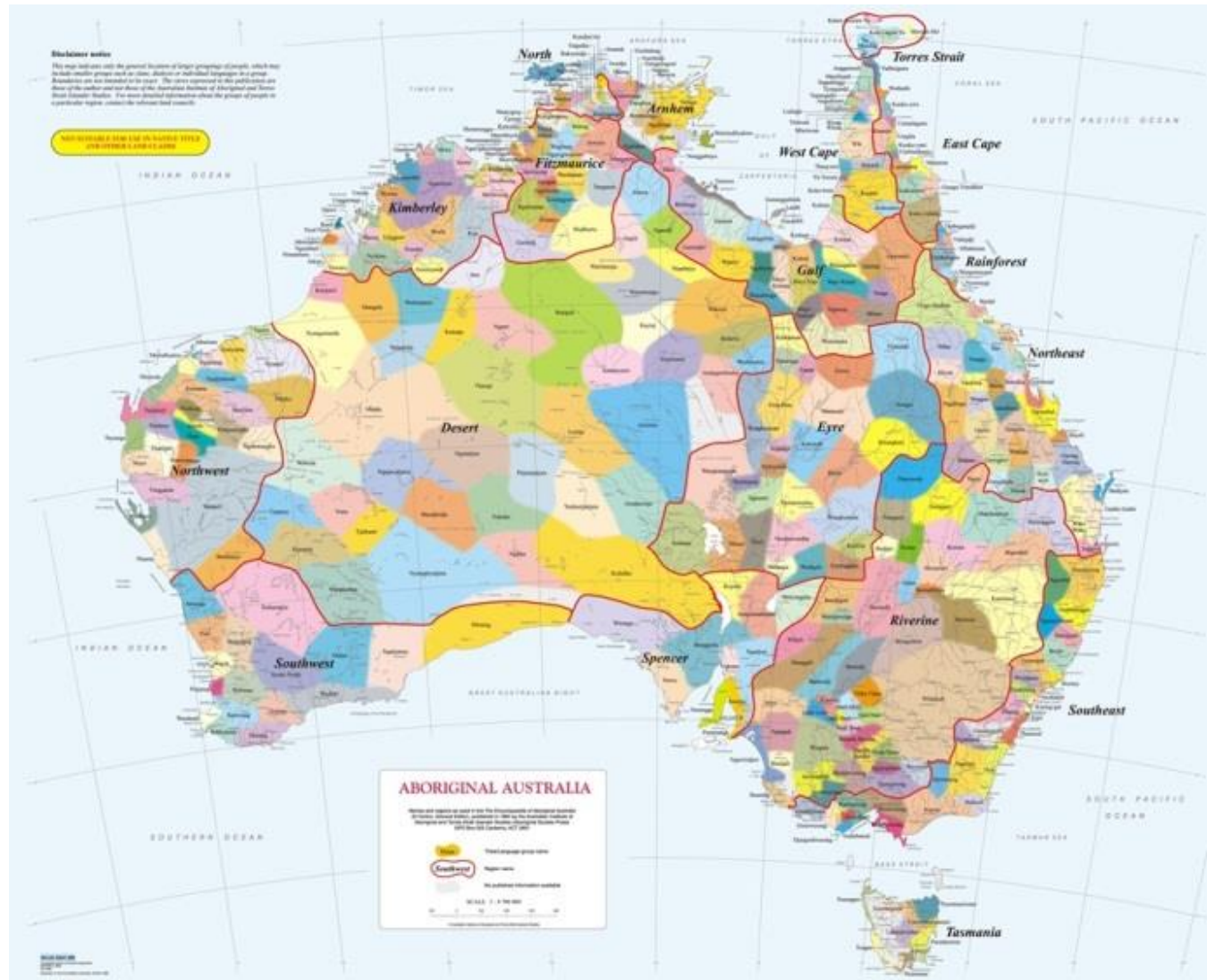




Welcome & Introduction

- Cliff Collard
- Sumi Paull

Strong Spirit Strong Mind Aboriginal Programs (SSSMAP)





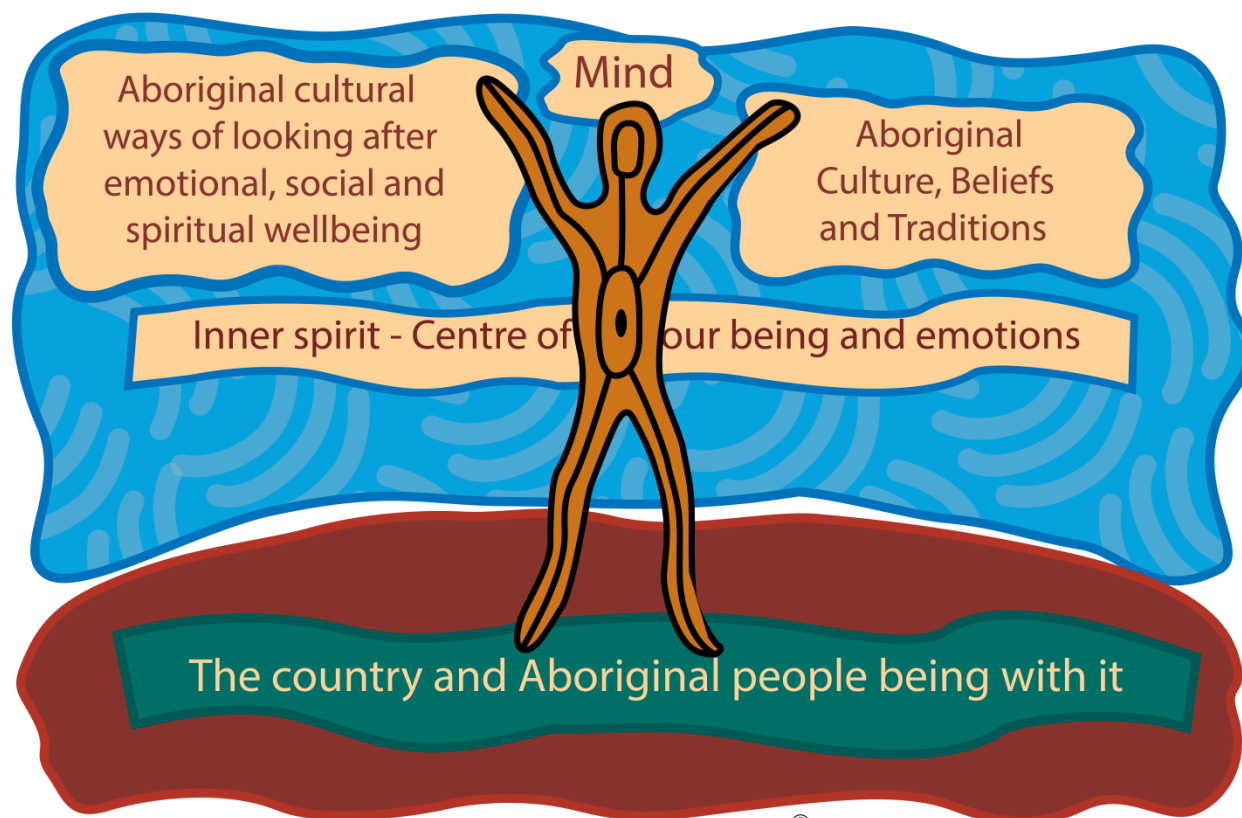
Terminology

The word Aboriginal will be used throughout this presentation, it also respectfully includes all Torres Strait Islander peoples.



Strong Spirit Strong Mind

ABORIGINAL INNER SPIRIT MODEL



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Aboriginal well being – inner spirit

*The place in our stomach that
is the centre of our emotions
and well being is called inner
spirit (ngarlu). There is a
similar term in many language
groups in Australia.*

Joe 'Nipper' Roe, 1998



The Team

- Situated under the Alcohol, Other Drugs and Prevention Services Directorate within the MHC
- Team consists of 7 FTE
- The SSSMAP team is staffed by 71% = (5/7) Aboriginal people
- Cliff Collard, Sumi Paull, Karina Clarkson, Sharene Kocsis, Angela Hanslip, Darelle Ellis, and Wayne Flugge.

Skills, talents and qualifications include – Health Promotion, Education, Social Work, Nursing, Psychology, Mental Health, Counselling and Finance.



Team Responsibilities

- SSSMAP operates and manages the Mental Health Commission (MHC) Registered Training Organisation (RTO), which supports the provision of culturally secure, nationally recognised workforce development training programs and resources for the Aboriginal alcohol and other drug workforce and broader human services sector.
- All SSSMAP staff have designated portfolios, regional areas and working groups
- Registered Training Organisation (RTO) management and compliance
- Workforce development of the Aboriginal AOD and MH sectors
- Culturally awareness training – Ways of Working with Aboriginal Peoples (Part 1 and Part 2)



Team Responsibilities

- Conciliation Action Plan (CAP) coordination
- Support cultural calendar events
- National and state representation on working parties and steering committees
- Suicide prevention
- FASD
- Aboriginal Elders in Residence
- Strong Spirit Strong Mind culturally secure resources and websites
- Cultural consultancy, support and advice through the Aboriginal Advisory Group



Priority Areas

- Alcohol and other drugs (AOD)
- Prevention and harm reduction
- Social and emotional wellbeing (mental health)
- Suicide prevention
- Nationally recognised training
- Support other program areas (MHC) and other services
- Aboriginal recruitment and retention



SSSMAP Training

- Nationally recognised Certificate III in Community Services (started 2003 – 17 intakes with 252 enrolling)
- Nationally recognised Certificate IV in Alcohol and other Drugs (3 intakes with 52 enrolling)
- Ways of Working with Aboriginal People Parts 1 and 2 (MHC & Sector)
- FASD training
- Volunteer AOD Counselling training
- SSSMAP awarded the *WA Small Training Provider of the Year for 2018*.

Strong Spirit Strong Mind Aboriginal Programs (SSSMAP)



Cert III
Graduation 2018



Strong Spirit Strong Mind Resources





Resources

- Brochures, Story Telling Boards, Story Telling, Cards and Flipcharts
- Quitline Aboriginal Liaison Team (QALT)
- FASD
- VSU (Community Support and Development Programs)

***resource order form can be downloaded from our website (only for WA)**



Frameworks

The following frameworks support and underpin the work done by SSSMAP:

- *The Western Australian Mental Health, Alcohol and Other Drugs Services Plan 2015-2025: Better Choices, Better Lives (The Plan)*
- *The Strong Spirit Strong Mind Aboriginal Drug and Alcohol Framework for Western Australia 2011-2015 (currently under review)*
- *The Western Australian Alcohol and Drug Interagency Strategy Framework for WA 2018-2022*
- *The Looking Forward Project, 2015 [Importance of Elders]*
- *National Aboriginal and Torres Strait Islander Leadership in Mental Health: Together We Are Strong – Gayaa Dhuwi (Proud Spirit) Declaration, 2015*
- *5th National Mental Health & Suicide Prevention Plan*
- *Suicide Prevention 2020 – together we can save lives*



Strong Spirit Strong Mind Framework

The Strong Spirit Strong Mind Aboriginal Drug and Alcohol Framework for Western Australia 2011-2015 (*currently under review* - the revised Strong Spirit Strong Mind Framework for Western Australia 2019-2023 is expected to be released later in 2019) has provided some of the key themes for this Forum.

Underlining principles of the Framework include –

- Cultural Security,
- Holistic,
- and Reducing Risk.



Strong Spirit Strong Mind Framework

Key Action Areas:

- Workforce Development - developing and maintaining a skilled and supported workforce,
- Capacity Building - building the skills and capabilities of individuals, families, communities, and services to better address alcohol, tobacco and other drug issues to support positive change,
- Working Together – working in partnership, making the best use of resources and knowledge.
- Access to Services and Information – providing accessible, culturally secure information and services to Aboriginal people and communities.



Contact details SSSMAP

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