



Alcohol & Other Drugs

The opportunities and challenges of providing a culturally secure AOD service in the East Pilbara



Drug & Alcohol Team at Bloodwood Tree

- Wendy Cawdell - Team Leader/AOD Counsellor
- Timara Simpson - AOD Counsellor
- Gary Ansell - AOD Support Worker
- Sarah Thomas - Mental Health Support Worker
- Tanya Mills - AOD/MH Coordinator



Other Bloodwood Tree Services

- Employment and Training
- Driver Training
- Healthy Living Program
- Water Bottle Project
- Sobering Up Centre
- Patrol
- Breakfast Program
- “Soup” kitchen





Culturally appropriate service models

Provides an environment that is safe for people: where there is no assault, challenge or denial of their identity, of who they are and what they need. It is about shared respect, shared meaning, shared knowledge and experience of learning, living and working together with dignity and truly listening.

Bloodwood Tree Association are very proud to have received our Certification for Standard on Culturally Secure Practice (Alcohol and Other Drug Section) and our Good Practice certification.





How can you work with a culturally valid understanding?

- Organisations incorporate policies, protocols and processes that are responsive to racial, ethnic and cultural needs





Working together

- Through partnerships we add value to our combined efforts and can accelerate learning and distribute skills and knowledge.



Working Together

Challenges



Working together

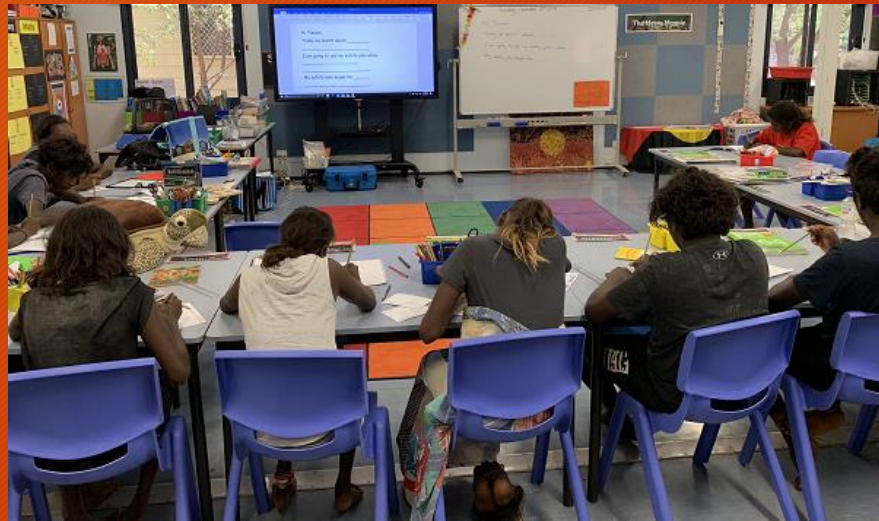
Opportunities

- Wrap around service for clients
- Improved outcomes
- Meeting funding requirements
- Coordinated effort so vulnerable clients don't feel overwhelmed
- Shared knowledge base
- Increased capacity to expand services and programs
- Maximise organisation's time management
- Broadening the capabilities of the services
- Viable and sustainable partnerships



Working together

How we do it



Therapies and strategies





- What's happening to your body and your brain?
- How is that effecting the way you think and the way you feel?
- How is it effecting you culturally and spiritually?
- What can you do to achieve balance?

Challenges with clients

- Transgenerational trauma, multiple trauma's, malignant grief
- Incarceration
- Overcrowded housing
- Poor literacy and numeracy skills
- Loss of culture, language and spirituality
- Family violence and AOD use
- Poor health
- Loss of secure supportive attachments
- Learned behaviour
- Peer pressure
- Financial vulnerability





How does a shared approach help our clients?





Bloodwood Tree Information

- Our counselling department takes walk in clients and formal referrals. We run group sessions, couples and family counselling, support person counselling and individual sessions.
- We offer flexible counselling sessions either face to face, home visits or via the phone.
- If you would like more information we can be contacted on (08) 9138 3006 or via email daadmin@bloodwoodtree.org.au
- If your organisation are in the Hedland area and would like to visit the office or any of the remote communities we attend you are always welcome.