



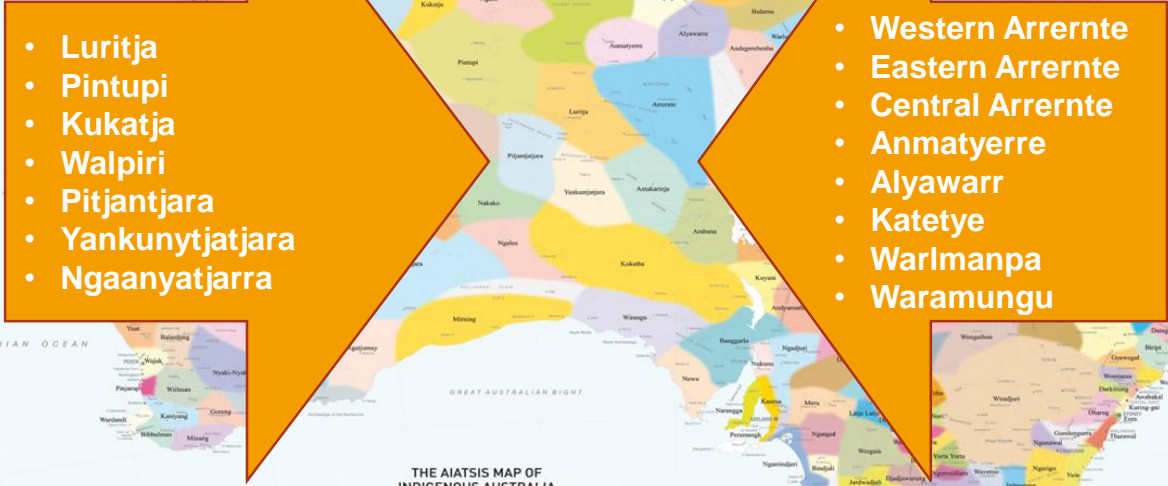
Central Australian  
**Aboriginal Congress**  
ABORIGINAL CORPORATION | ICN 7823

# **Making FASD History – Prevention Project**

***Donna Lemon***  
***FASD Prevention - Coordinator***

***Justine Swan-Castine***  
***FASD Prevention - Health Promotions Officer***

***Health Promotions Team – Public Health Unit***



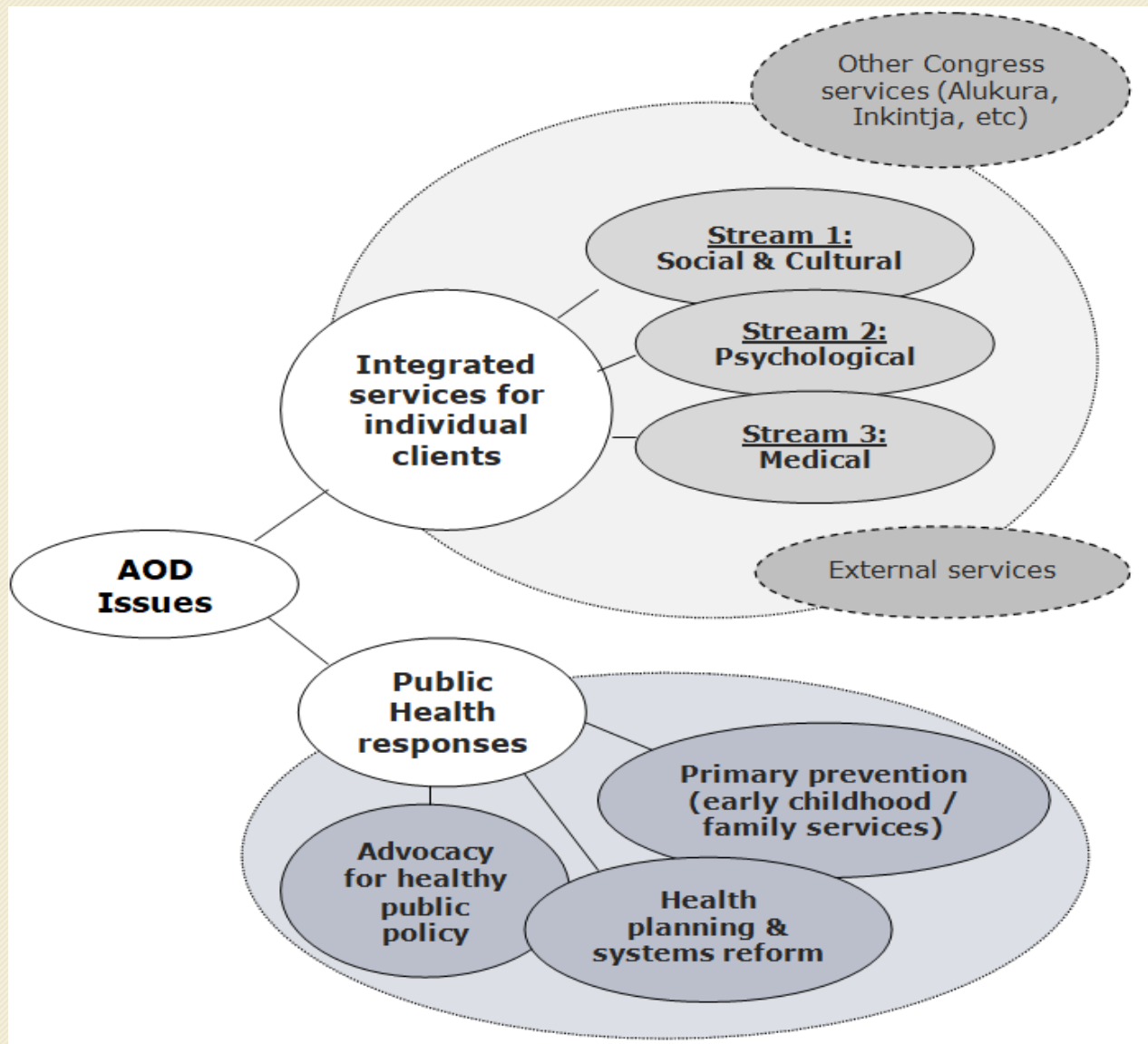


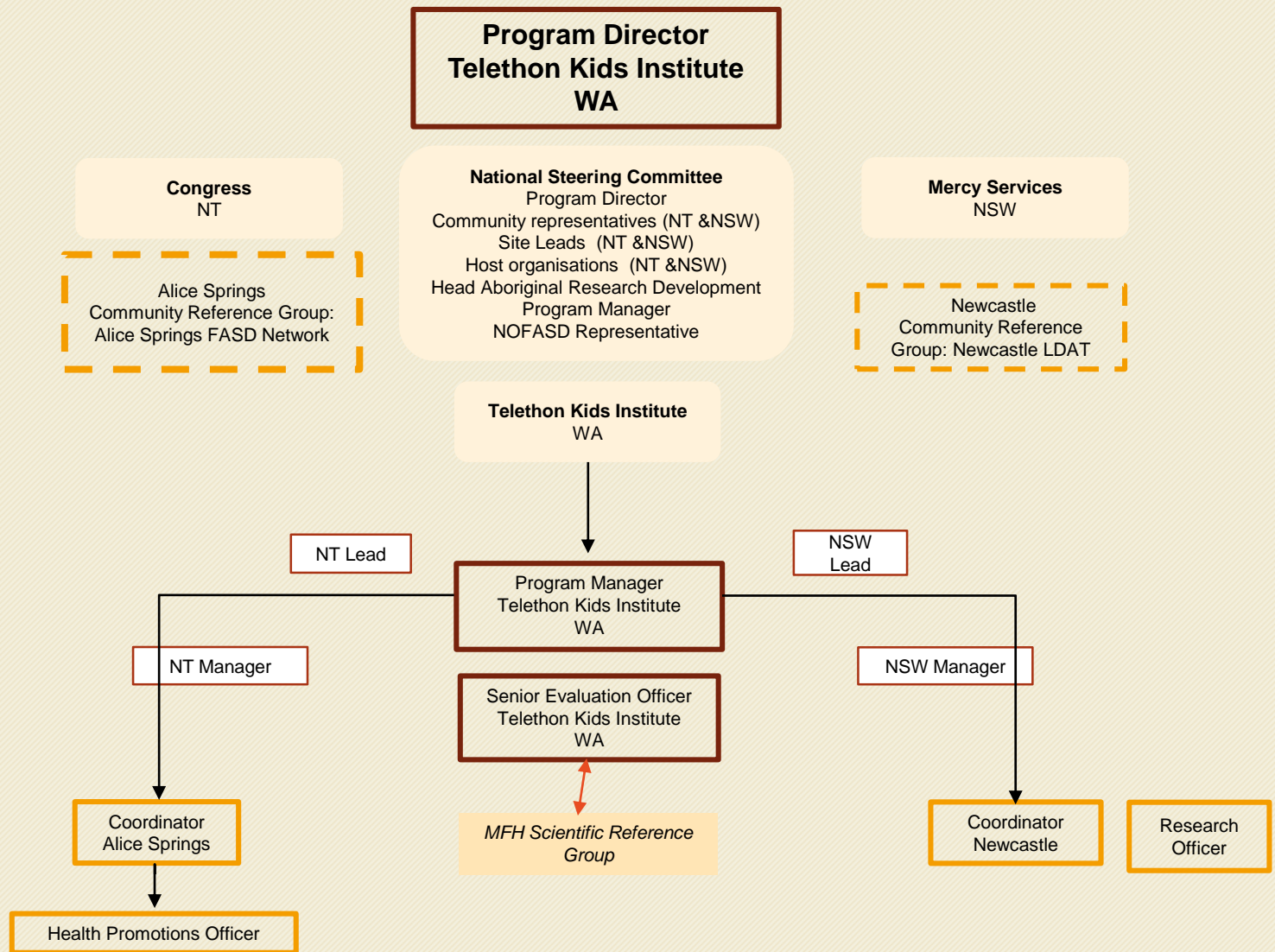
# Geographical Barriers



FASD PREVENTION



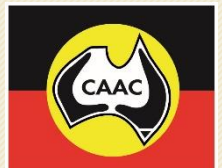




The Making FASD History programs are modelled on the Marulu Strategy, which is a community-led initiative to overcome fetal alcohol spectrum disorders and early life trauma in the Fitzroy Valley.

**THIS PROGRAM IS FUNDED BY AUSTRALIAN GOVERNMENT DEPARTMENT OF HEALTH**

FASD PREVENTION





# Project Service Area

- Alice Springs



- Amoonguna



- Santa Teresa



- Ntaria



- Utju



- Mutitjulu



# Four key strategies within the project:

- **Develop ‘models of care’ for referral and support pathways**  
– *‘Environmental Scan’*
- **Targeted Health Promotion activities** – *‘Developing Community Health Messages’*
- **Community Education** – *‘Raising Community Awareness and Understanding about Alcohol and FASD’*
- **Workforce Development** – *‘Building the capacity of the workforce to screen for risky alcohol consumption’*





# Develop 'models of care' for referral and support pathways – *'Environmental Scan'*

- Develop cohesive environmental scan of AOD services and program in Alice Springs for distribution
- Referral pathways for young people, pregnant women and adults
- Prevention/screening/treatment
- Distributed once finalized



# Targeted Health Promotion activities – *‘Developing Community Health Messages’*

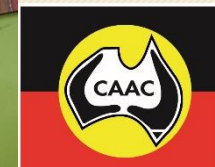
- Social Marketing campaign
- Targets groups
- Focus groups







FASD PREVENTION







FASD PREVENTION



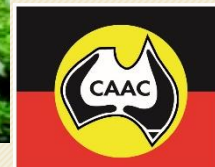
# TV Ad's

- The vision (planning)
- The future (conception)
- The cycle (born)
- The effect (grown up)
- *'Grog before, during and after pregnancy is no good for Dad, Mum or Bub.'*
- *'There is more to life, drink safe, stay safe and achieve your dreams.'*





FASD PREVENTION





# **Community Education – ‘Raising Community Awareness and Understanding about Alcohol and FASD’**

- School education sessions
- Sessions with CAAPU, DASA
- Sessions with pregnant women or men/women of child bearing age
- Community stalls and events
- Partnering with Redtails/Pinktails Right Tracks program





Kids in Town engaged in Town - KITES







FASD PREVENTION



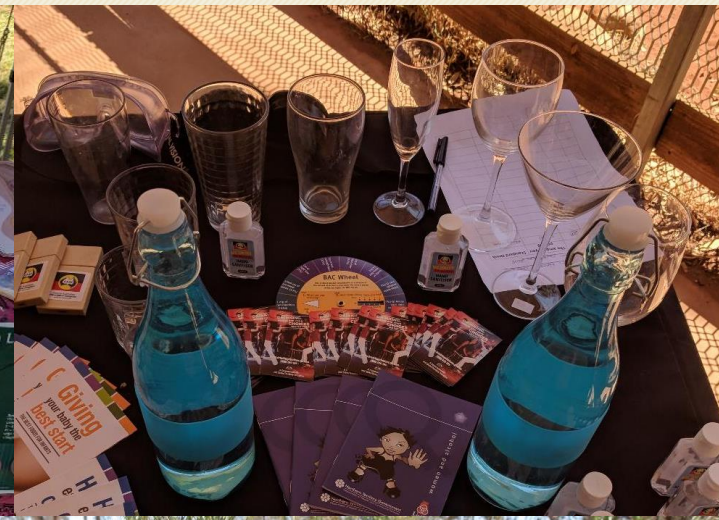




FASD PREVENTION







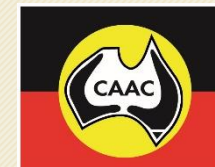
FASD PREVENTION







FASD PREVENTION





# **Workforce Development** – *‘Building the capacity of the workforce to screen for risky alcohol consumption’*

- AUDIT C
- Brief Intervention
- Referral Pathways – Activity 1 will feed into here.



Uluru – Mutitjulu



Ntaria and Utju



Ltyentye Apurte



## Check up;alcohol;AUDIT

Begin the AUDIT by saying, "Now I am going to ask you some questions about your use of alcoholic beverages during the past year". Explain what is meant by "alcoholic beverages" by using local examples of beer, wine, vodka, etc.

**Recommended limits** (double-click to view and/or print):

Jenna Pauli, Larapinta Clinic (Aboriginal Health Service) 25/07/2019 11:14 am

Comment

Display on Main Summary ☐

Display on Obstetric Summary ☐

Performed date

25/07/2019

Ask question "How often do you have a drink containing alcohol?"

Alcohol audit interview Q1

( 04/07/2019 0) Never )



Ask question "How many drinks containing alcohol do you have on a typical day when you are drinking?"

Alcohol audit interview Q2

( 17/06/2019 0) 1 or 2 )



Ask question "How often do you have six or more drinks on one occasion?"

Alcohol audit interview Q3

( 17/06/2019 0) Never )



In men, a score of 4 or more is considered positive, optimal for identifying hazardous drinking or active alcohol disorders.

In women, a score of 3 or more is considered positive (same as above).

However, when all the points are from Question 1 alone (2 and 3 are zero), it can be assumed that the patient is drinking below recommended limits and it is suggested that the provider review the patient's alcohol intake over the past few months to confirm accuracy.

Generally, the higher the score, the more likely it is that the patient's drinking is affecting his or her safety.

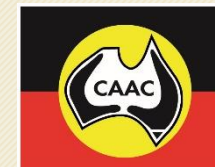
Alcohol AUDIT-C total

score

( 04/07/2019 0 score )

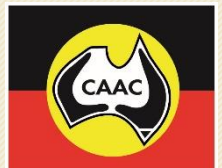


Calculate Alcohol AUDIT-C total



# Resources

- Alcohol and you booklet
- No safe amount poster
- The grog book
- Telethon Kids website
- NOFASD website





**Thanks for hosting us 😊**

**Questions?**

