

Kimberley Continuing Care Program

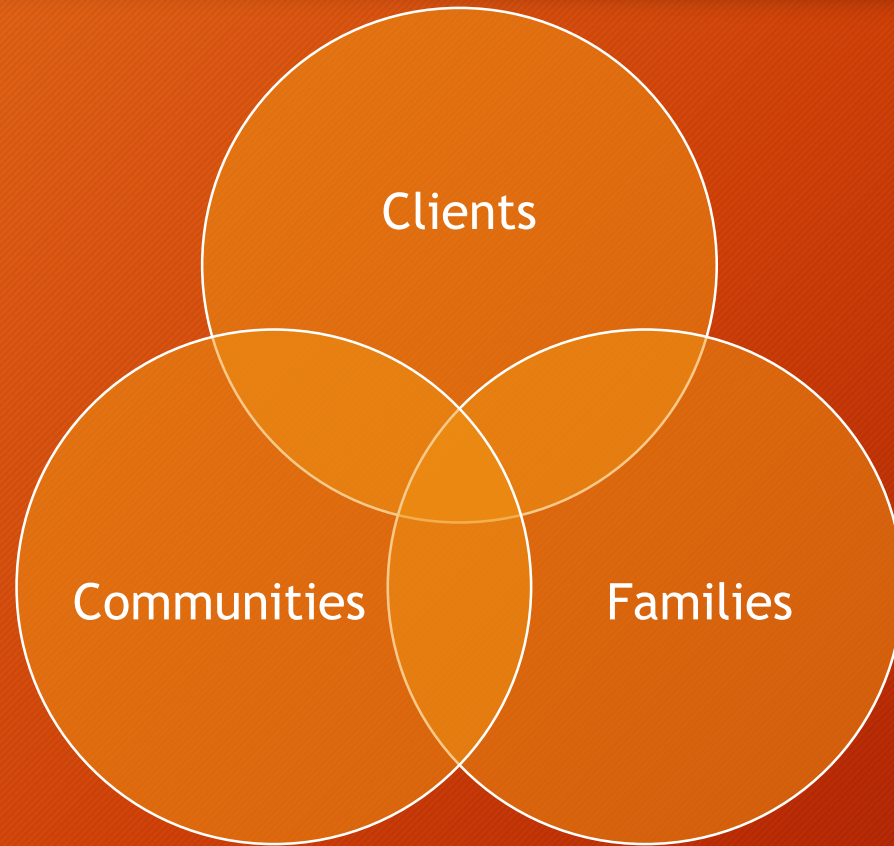
An Innovative Community Model



Program Funder



Aims of the program



Background

engaged

longer

change

greater

long-term

Transition
can be
hard

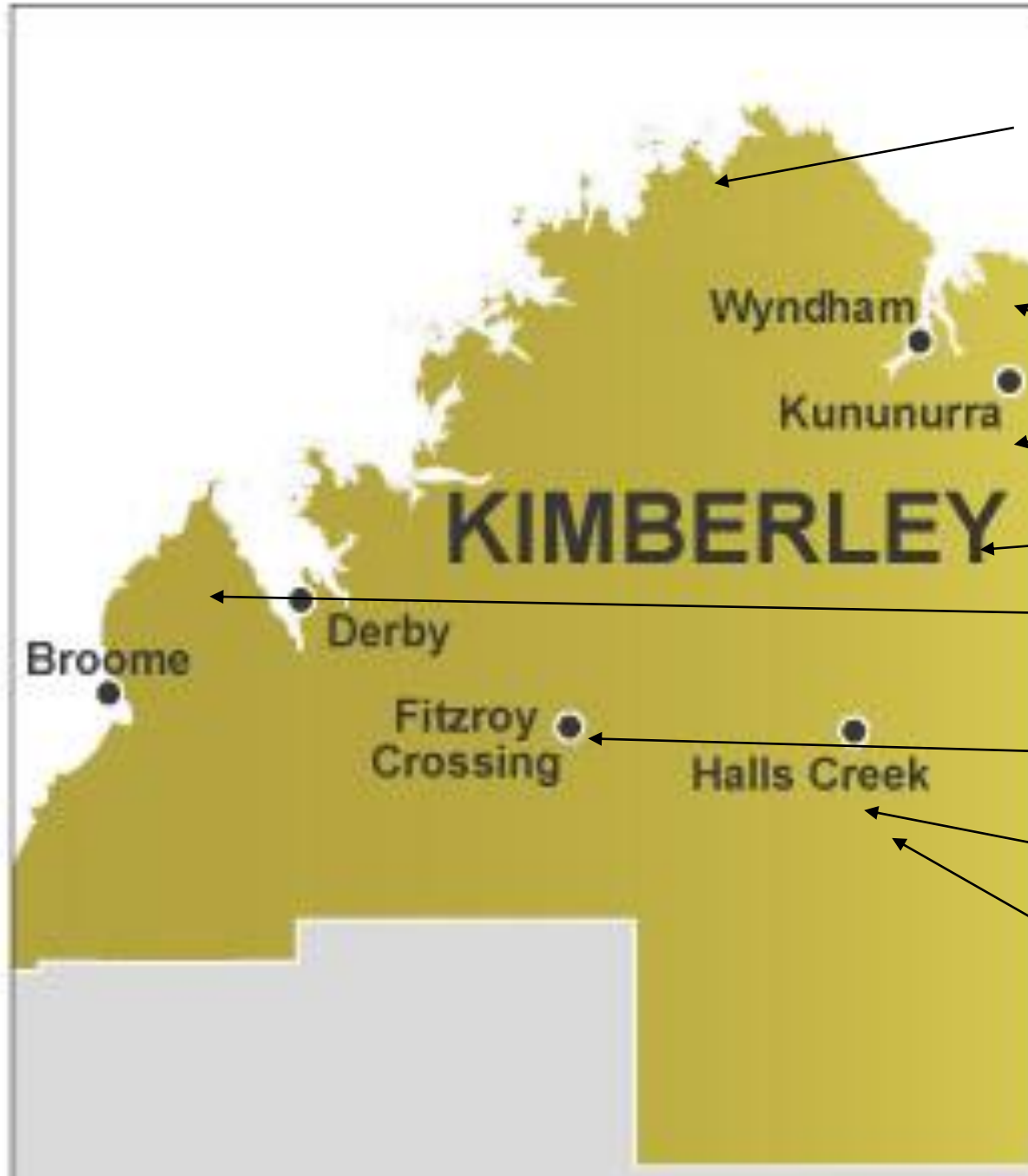


Benefits of the program

- recognise the diversity of client needs
- flexible and tailored approach
- client drives the level of support and engagement required
- supports sustained change in the clients “real world”
- nurtures positive behaviour change for people in their own community

Reaching across the Kimberley

- Teams are established in the East and West Kimberley providing sustained and assertive follow-up
- Working collaboratively with Ngnowar-Aerwah Aboriginal Corporation and Mental Health providers



Kalumburu

Mud Springs

Wijilawarrim (Molly Springs)

Warmun

Dampier Peninsula

Pandanas Park

Mindibungu (Bililuna)

Wirrimanu (Balgo)

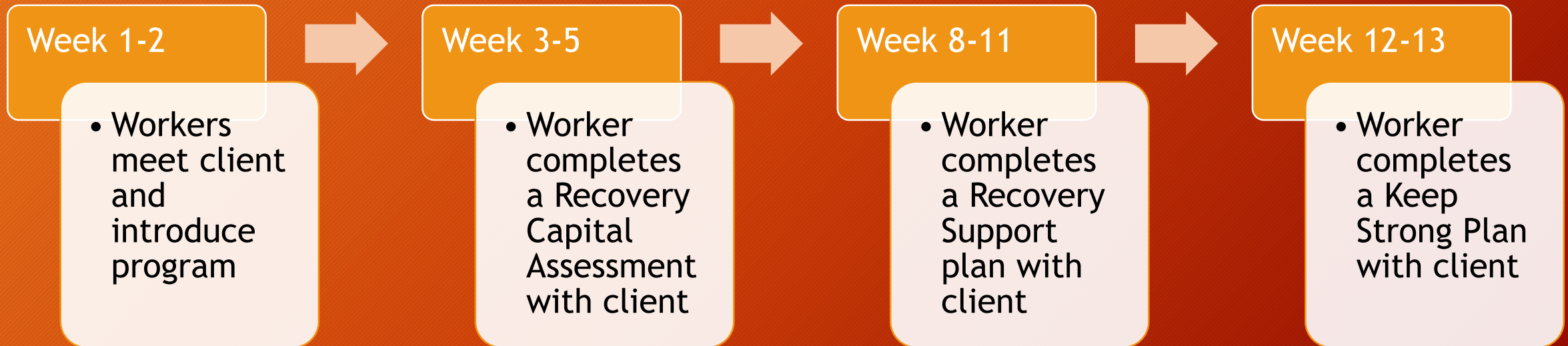
Reaching across the Kimberley

Reframing the question of traditional client engagement

- “how do we get the client from his/her world to the treatment centre or our world?”
- “how do we firmly nurture the process of long term recovery within the natural environment of the individual?”



Developing pathways of client engagement



Developing pathways of client engagement

- Find out family connections-where they come from what they do
- Make connections by identifying common family links
- What favourite pastimes they enjoyed before AOD use
- How they started AOD use-background
- What they expect from us or would like help with

client directed
support

develop a stay
strong plan

set simple goals

think about good
things about these
goals

think about what
might be obstacles
that could get in
the way

what can they do
to overcome these
obstacles

how can we help

Strength's based approach

Strength's based approach



Strength's based approach

Some practical things that we help with

- Transport
- Advocacy-Housing, Centrelink, Bank and Finance
- Having back up helps give them confidence to speak up for themselves
- Less stress and frustration so less likely to use AOD
- Empowering - supporting an increase in self confidence

Innovative Community Model



Innovative Community Model

- Each individual's attitudes and personal perceptions of wellness and healing are based on their own insights and targets of what recovery means to them



Innovative Community Model

Some challenges for the program

- moving away from clients coming to us and we go to them - this increases risks
- intoxicated friends and family when we visit
- people not at home

Innovative Community Model

What we have learned along the way

Need to be flexible and adapt to changing client needs

Recognise the time it takes to establish a program

Program benefits the whole family as routines are established, e.g. children are supported to attend kindy, pre-school and school

The intensity of crisis point for people is reduced

Some standardised clinical tools are not culturally appropriate

Innovative Community Model



Innovative Community Model

- Recovery is not a point in time, or an end state
- It is a continuum of change and recovery looks different for each client



Thank you and Questions

