## Make a Real Difference

## UNIQUE PAID OPPORTUNITIES AVAILABLE TO SUPPORT THE COMMUNITY

The Mental Health Commission is offering a number of unique paid employment opportunities for individuals who have a passion and desire to support people with mental health conditions to live their best lives possible.

These roles, within supported accommodation settings, will offer applicants flexibility, variety and invaluable experience. Essential training and ongoing support will be provided.

If you are good with technology and can help someone to stay connected with their support systems; or you can cook, clean, help with groceries or personal care, then we need you.

While experience in the mental health, disability or aged care sector is desirable, it is not essential.

## **Client Support Workers**

Duties may include supporting people with mental health conditions to:

- Access their formal and informal supports online (eg NDIS, telehealth, family and friends)
- · Register for various health initiatives (eg. Managing COVID at home)
- Claim COVID related expenses through their NDIS plans
- · Maintain positive health and wellbeing

## **Personal Care Assistants**

Duties may include:

- · Prompting personal care support with activities of daily living
- Assisting with purchasing of essential items (groceries, consumables)
- Assisting with domestic assistance (eg cooking, cleaning)

Training and support will be provided to successful applicants, however the following skills are desirable:

- · Compassion and patience
- · Well-developed communication and interpersonal skills
- Basic computer and technology knowledge
- · Ability to work autonomously and within a team

These positions offer guaranteed income for a minimum 3 month period, with fixed-term full-time and part-time options available, and potential for shift work.

Can you help? For more information, please email Alex Jack at alexj@integritystaffing.net.au

Your life skills could make a real difference to your community.

You don't need to be a health professional – you just need to care.

